Paraphrasing and Quoting Responsibly

Everything you write in an academic paper is assumed to be your own words, thoughts, analysis, data, and images unless you tell your reader it is someone else’s, or it is common knowledge. Incorporating source material responsibly means understanding not only how to cite information, but also when and how to summarize, paraphrase, or quote.

When to Summarize, Paraphrase, or Quote

To summarize means to explain an overarching or complex idea briefly and succinctly in your own words.

To paraphrase means to describe a source’s passage completely in your own words, and with your own sentence structure. Changing a source’s words here and there, or adding words to a source’s sentence, is known as “patchwork” or “mosaic” plagiarism—it is not proper paraphrasing.

To quote means to take a source’s words directly/verbatim. Generally, directly borrowed language of about five words or more must appear between quotation marks. Many citation styles require page numbers for direct quote citations.

NOTE: Whether summarizing, paraphrasing, or quoting, always cite the source!

Summarize when you want to provide a simplified, generalized explanation of detailed or lengthy information. Summarize, for example, a complex description of how internet use has evolved over many years.

Paraphrase when a source’s passage is complex or written in a way that doesn’t match your writing style. Paraphrase, for example, a short paragraph describing new DOD policy.

Use a quote when information is clear, accessible, and brief, or when language is particularly powerful or of historic importance. Quote, for example, a precisely worded definition, legally binding declaration, controversial statement, or impactful line from a famous speech or interview.

it is necessary to either directly quote or paraphrase/summarize source information when:

- A sentence or phrase of about five words or more in a row borrows descriptive language, sentence structure, and style from another writer (in which case quote the borrowed text, or paraphrase from scratch).
- A source’s idea or explanation can reasonably be put into your own words without changing the core meaning.
- Note: While common knowledge generally does not need to be cited, it does need to be cited and quoted if it borrows specific language directly from a source. Paraphrased common knowledge does not need to be cited.

It is NOT necessary to directly quote or paraphrase source information when it is:

- Well-paraphrased and summarized common knowledge.
- Dictated proper nouns, dates, key terms, specific data points, equations, lists of unalterable attributes, or field-specific common language that cannot reasonably be paraphrased without changing the meaning.


From the Naval Postgraduate School’s Graduate Writing Center and Thesis Processing Office, located in the Dudley Knox Library and online at https://my.nps.edu/web/gwc and https://my.nps.edu/web/thesisprocessing.
Why and How to Paraphrase Properly

Paraphrasing allows you to strategically incorporate information through the lens of your paper (your specific focus, audience, and argument) and your lens as a writer (your voice and style). Paraphrasing can illustrate your ability to think critically about a topic. In contrast, direct quotes do not demonstrate your analysis or your intended use of source material and, thus, direct quotes must be followed by more original analysis than paraphrased material.

Steps toward a proper paraphrase:

1. Actively read source text until you truly understand the information.
2. Take notes in your own words, using quotation marks to indicate key terms and borrowed phrases/language.
3. Working from your notes—not the original source—craft sentences using your own voice, language, and structure.

* Tip: If your paraphrased sentence is too close to the original, start by finding the sentence’s primary subject and verb. Then, using your own knowledge of the topic, reframe the sentence with these terms but from a new angle.


Formatting Rules for Direct Quotes

- Generally, not more than 10 percent of a paper should be directly quoted material; the majority of text in a paper should be your own: paraphrased and summarized material, and your own data, analysis, and justifications for your choices.
- Use block quotations when quoting 5+ lines of text: indent the text, single space it, and do not use quotation marks.
- Use [brackets] around clarifying language you have changed or added into a direct quote. However, if you find you must frequently add or change language to clarify, it may be best to paraphrase the information instead.
  
  Example: Well into the nineteenth century, as political scientist Mavis Bachman discovered, “the word [democracy] was repeatedly used by conservatives to smear opponents of all kinds” (2014, p. 32).
- Use an ellipsis to indicate if you drop the source’s words mid-sentence.
  
  Example: “We the People of the United States, in order to form a more perfect union … do ordain and establish this Constitution for the United States of America.”
- “For quotes within quotes, use ‘single quotation marks’ for the inside pair.”
- Insert [sic] into a direct quote to indicate an error was the source author’s and not your own. You do not need to use [sic] to indicate a variant spelling—for example, if quoting a British source that spells “color” as “colour.”
  
  Example: Historian Charles Bear argued in 1999 that “most of the drafters of the Constitution viewed democracy [sic] as something rather to be dreaded then [sic] encouraged” (p. 407).
- Insert (emphasis added) “If you change formatting (italics, boldface, underline, etc.) that did not appear in the original source, indicating so after the closing quotation marks” (emphasis added).